# CORNWALL LAW SOCIETY

MIDWEEK UPDATE - 15th March 2023









Cornwall Law Society President, A.E. Verona Cocks is pleased to invite you to

the Annual Awards' Dinner on Friday 16<sup>th</sup> June 2023

in Truro Cathedral

Welcome Drinks from 6pm

Tickets for Members - £60 per head or £600 per table of 10 (excl Vat)

Tickets for Non-Members - £65 per head (excl Vat)

Tickets on sale now until 14th May 2023.

Please contact <u>jan.long@cornwalllawsociety.org.uk</u> to reserve your ticket(s).

Details of the Awards, their sponsors and how to nominate are below, and on the Events page of the website.

We are very pleased to announce that our main sponsors for the year are also supporting this Awards Dinner.











# Cornwall Law Society Awards

President, A.E. Verona Cocks is delighted to be announcing the Cornwall Law Society Annual Awards with thanks to sponsors of the individual awards.

The awards are:

Trainee Lawyer of the Year sponsored by



Junior Lawyer of the Year sponsored by



Commercial Lawyer of the Year

(covers commercial disputes, corporate, commercial, employment and any other practice area in the commercial arena without a specific award) sponsored by



Commercial Property Lawyer of the Year sponsored by



Private Client Lawyer of the Year sponsored by



## Family Lawyer of the Year sponsored by

#### TBC

Residential Property Lawyer of the Year sponsored by



Bridging Lender

Large Firm of the Year (5 or more Partners/Directors) sponsored by



Small Firm of the Year (less than 5 Partners/Directors) sponsored by



To nominate anyone for any of the awards you simply need to email the name and firm of your nominee (with their email address if you know it) to jan.long@cornwalllawsociety.org.uk

Nominees will then receive an Application Form to complete and agree the terms and conditions of entry into the Awards.

You can nominate in any or all categories and you can nominate the same lawyer in different categories, if that applies, and you can nominate yourself too.

Nominations need to be received by 7th April 2023.

Applications from nominees need to be received by 28th April 2023.

### The Law Society Gazette Article by John Hyde, 20.3.23 - reproduced here.

"A representative of junior lawyers has rejected the attitude of some in the profession that young entrants should put up with toxic working conditions.

Victoria Zinzan, a member of the Junior Solicitor Network Advisory Committee, said there needed to be a balance struck between growing a thick skin to survive and thrive in the law, and being subject to the type of conditions that cause mental health breakdowns.

Zinzan was speaking at the Law Society's risk and compliance conference on a panel about workplace culture and the Solicitors Regulation Authority's increasing involvement.

The regulator carried out a thematic review into workplace culture last year and earlier this month said it would pursue any firm **creating** a 'pervasive toxic culture' through the disciplinary process and into the Solicitors Disciplinary Tribunal. Zinzan was asked specifically whether junior lawyers should effectively 'get on with it' and accept that difficult working conditions were part of starting out in the profession.

She said there was a pre-conception that entering the profession juniors had to be available 24/7, had to impress their supervisor and could never say they were working at capacity.



Zinzan: Strong difference between working hard and burning out.

'There is a burnout crisis we are starting to feel,' she said. 'Burnout is not just feeling stressed but something that needs to be taken extremely seriously. Mental health is just as important as physical health. Sometimes in our profession it is a bit taboo to say we are not feeling good mentally. We are supposed to be lawyers and this is what we signed up for.'

She continued: 'Just because we are in a hard profession that doesn't mean it is acceptable to burn out and just get on with it. That is not an attitude anyone should have – anyone who does have that attitude needs to take a step back and understand the reality. There is a strong difference between working hard and burning out and almost killing yourself.'

Elizabeth Rimmer, chief executive of legal mental health charity LawCare, added that because this profession is regarded as tough that did not mean it has to be a toxic work environment.

'It is incumbent on lawyers to improve the working practice so it is not like this in the future,' said Rimmer. 'People won't sign up to come into the profession. There may be that [get on with it] attitude that is pervasive but we are not coming into a combat situation and we shouldn't need a hard hat to work in the industry."



Our next event is an afternoon tea at the Atlantic Hotel in Newquay on Saturday 25 March. The Cornwall Law Society have kindly subsidised this event.

Cornwall JLDers have been invited to join with fellow JLDers at the Plymouth JLD Ball.

For more info, contact Clare at <a href="mailto:Chall@cvc-solicitors.co.uk">Chall@cvc-solicitors.co.uk</a>

Lots more to come. If you are interested in joining Cornwall Junior Law Division, contact Clare as above.



#### **Courses**

**25** April **2023**, Early Evening - Accounting for Solicitors – A Topical Finance Update for Law Firms. This event will be of interest to Principals, COFAs and those in a finance role within a law firm. Speakers from PKJF Francis Clark, Truro. Bookings now being taken on *Eventbrite*. Or contact <a href="mailto:jan.long@cornwalllawsociety.org.uk">jan.long@cornwalllawsociety.org.uk</a> for further information or to book a place. (Booking form being sent with this Midweek Update.)

20th June 2023 - Commercial Property Update 2023 by Hannah McKinlay, St Austell Conference Centre

Sponsored by X-Press Legal Services. Bookings now being taken on *Eventbrite*. Or contact <a href="mailto:jan.long@cornwalllawsociety.org.uk">jan.long@cornwalllawsociety.org.uk</a> for further information or to book a place. (Booking form being sent with this Midweek Update.)

13<sup>th</sup> September 2023 – Private Client Update 2023 by Lesley King. Alverton Hotel. To be followed by a networking event with The Law Society's Sarah Moore, Private Client Section. (Booking form to follow in due course.)

Sponsored by Kin Probate.

Note change of date to Wednesday 13<sup>th</sup> September 2023

**20**<sup>th</sup> **September 2023 – St John's Chambers' Property Roadshow** will be returning. Save the date. Details to follow in due course.

19th October 2023 – Residential Property Update 2023 by Davide Keighley, St Austell Conference Centre

Sponsored by X-Press Legal Services. (Booking form to follow in due course.)

#### **JOB VACANCIES**

Paddle & Cocks, Truro - Commercial Property Senior Associate (employed position with flexible working)

Cornwall Council, Truro – Senior Lawyer – Planning & Highways (flexible working available)

Coodes, Truro – Private Client Solicitor, Full time (Part time and/or other locations will be considered)

**Coodes, Truro/St Austell/Falmouth** – Family Solicitor Full time (Part time and/or other locations will be considered)

**Coodes, Holsworthy** – Commercial Property Solicitor, Full time (Part time and/or other locations will be considered)

**Coodes, Mid-West Cornwall** – Commercial Property Solicitor, Full time (Part time and/or other locations will be considered)

Coodes, Cornwall – Dispute Resolution Solicitor, Full time (Part time and/or other locations will be considered)

C Nicholls Solicitors, Bodmin – Private Family Lawyer and Duty Solicitor for Partnership

Neil Gilbert Solicitors, Helston - Probate Practitioner

Penderlaw, Truro - Various positions available, please visit their website for more details

Walters & Barbary – Family Solicitor/Legal Executive

Parnalls, Launceston – Experienced Residential Property lawyer

**CVC Solicitors, Penzance** – Commercial Lawyers

Parnalls, Launceston - Experience Commercial & Residential Property lawyer

Randle Thomas, Helston – Residential Conveyancer

Randle Thomas, Helston – General Commercial lawyer

**Hine Downing, Falmouth** – Experienced Commercial Property Solicitor / CILEx

Merricks, Wadebridge – Commercial Property Solicitor

**Merricks, Wadebridge** – Full-time Residential Conveyancer

**Paddle & Cocks, Truro, across county and nationally, offering flexible working** – Recruiting across several sectors, Employment, Corporate, Commercial, Commercial Property, Commercial Disputes (more details on their website)

Locums are always welcome to register with CLS. It will come as no surprise to you that there is a shortage of locums. If you know of anyone working in this way, please have them get in touch with me. Thank you.

If you want to advertise on the Recruitment page of the new website you can send me more details of the vacancy, the firm and your logo to make a bigger impact.

Email your details to: jan.long@cornwalllawsociety.org.uk